



March



2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	NATIONAL DEVELOPMENTAL DISABILITIES AWARENESS MONTH		1 Wellness Wednesday LEPRECHAUN CHALLENGE BEGINS 12pm Lunch and Learn \$\$ saving tips	2 11am NADPP	3	4
5 COLON CANCER AWARENESS MONTH	6	7 1pm Let's Move Cappa	8 Wellness Wednesday 10am Let's Move - Edgewater	9 11am NADPP	10 12pm Lunchtime with Leslie	11
12 NATIONAL NUTRITION MONTH	13 9am Let's Move-MJRC 12pm Lunch and Learn Colorectal Cancer (WNY Cancer Services)	14	15 Wellness Wednesday	16 11am NADPP	17 12pm Lunchtime with Leslie	18
19 	20	21 1pm Let's Move Cappa	22 Wellness Wednesday	23 11am NADPP 12pm Lunchtime with Leslie	24	25
26 AMERICAN DIABETES ALERT DAY PURPLE DAY FOR EPILEPSY AWARENESS	27	28	29 Wellness Wednesday	30 10:30am Let's Move-SADH 11am NADPP 12pm Lunchtime with Leslie	31 10:30-11:30am Let's Move Lakeshore LEPRECHAUN CHALLENGE ENDS	