January 2021

STARS Wellness

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January Events:	Cervical Cancer Awareness Month	Birth Defects Prevention Month	Glaucoma Awareness Month	Radon Action Month Thyroid Awareness Month	1 **TRC Gives Back Edgewater Art House**	2
3	4	5	6 Wellness Wednesday	7 YOGA 4:30-7PM	8	9
10	11	12	13 Wellness Wednesday	14 YOGA 4:30-7PM	15	16
17	18	19	20 Wellness Wednesday Wellness Committee	21 Lunch and Learn Cervical Cancer 12:15pm YOGA 4:30-7PM	22	23
24	25	26	27 Wellness Wednesday	28 YOGA 4:30-7PM	29	30
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