

**Lakeside Golf Course**

10775 W. Lake Road... 716-736-7637  
<http://www.lakesidegolfny.com/>  
Open to Public... Open April- October

**Sherman- Sherman School District**

127 Park Street... 716-761-6121  
<http://shermancsd.org/>

**Silver Creek- Silver Creek School District**

1 Dickinson Street... 716-934-2603  
<http://www.silvercreekschools.org/>  
Fitness center, pool – membership and pricing on website

**Rosebrook Golf Course**

12486 Beebe Road... 716-934-2825  
<http://rosebrookgolf.com/>  
Membership fee... Open April-November

**South Dayton- Pine Valley School District**

7755 Route 83... 716-988-3291  
<http://www.pval.org/Page/1>  
Fitness center and pool

**Westfield- Westfield School District**

203 East Main St... 716-326-2151  
<http://www.wacs.wnyric.org/Page/1>  
indoor soccer/basketball and pool

**Pinehurst Golf Course**

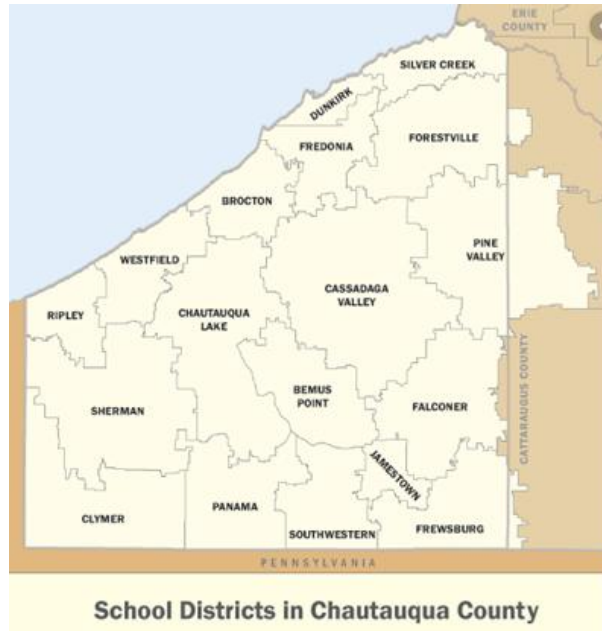
7428 E. Route 20... 716-326-4424  
Open to the public... Open May-November

**Sugar Hill Golf Course**

7060 Route 5... 716-326-4653  
<http://sugarhillgolfcourse.webs.com/>  
Membership fee... Open April-November



**Physical Activity – Think of it as the medication you need to take daily.**



# Step It Up

Places to be Active  
in Chautauqua  
County  
**Schools, Golf, and  
Skiing**



**Brocton- Brocton Central School**

138 W Main Street... 716-792-9121  
<http://broctoncsd.com/domain/115>  
Fitness center and swimming... Fee per day or month  
Hours depend on activity

**Cassadaga – Cassadaga Country Club**

55 Frisbee Road... 716-595-3003  
<http://www.cassadagacountryclub.com/untitled>  
Golf... Membership or daily rate

**Cassadaga Valley School District**

5935 NY-60, Sinclairville, NY... 716-962-8581  
<http://www.cvcougars.org/domain/27>  
Fitness center... Month, Quarter, or Yearly fees...  
Mon-Fri 6-7:45 am, 3:15-8:30 pm

**Chautauqua- Chautauqua County Hiking Club**

Route 394... email: [chautauquahikes@aol.com](mailto:chautauquahikes@aol.com)  
<http://www.tourchautauqua.com/Where-To-Play/Trails-And-Parks/Chautauqua-County-Hiking-Club.aspx?mid=13225&c=30>  
Hiking, Canoeing, X-Country Skiing, Snowshoeing  
Free... hours depend on planned activity

**Chautauqua Institution Golf Club**

4731 Route 394... 716-357-6211  
<http://chq.org/golf>  
Golf... membership or daily rate... open May-October

**Chautauqua Institution Sports Club**

Route 394... 716-357-6281  
<http://chq.org/season/recreation/sports-club>  
Kayaking, Canoeing, Paddle boats, Shuffleboard, Horseshoes, Lawn bowling, Ping-pong, Fishing, Croquet... Price depends on activity... open June-August, 9am-5pm

**Cherry Creek- Cockaigne Ski Center**

1493 Thornton Road... 716-287-3223  
<http://www.cockaigne.com/>  
Skiing, Snowboarding, Snowmobiling, Tubing  
Daily rate... Reopening Summer 2018

**Clymer- Peek'n Peek Resort**

1405 Old Road... 716-355-4141  
<https://www.pknpk.com/>  
Snow tubing, X-country skiing, Golf, Biking, Archery, Disc Golf... Daily rate or season pass

**Dunkirk – Shorewood Country Club**

4958 West Lake Road... 716-366-1880  
<https://shorewoodcc.com/>  
Golf and swimming... Membership fee... Open Monday-Saturday

**Dunkirk City School District**

620 Marauder Drive... 716-366-9300  
<http://www.dunkirkcsd.org/Page/91>  
Fitness Center... \$5/month... Mon-Fri 5-8pm, Sat 9am-12pm

**Fredonia- Fredonia Central School**

425 East Main Street... 716-679-1581  
<http://www.fredonia.wnyric.org/>  
Outside track for walking and running... free... open daily

**The State University of New York at Fredonia**

280 Central Ave... 716-673-3111  
<http://home.fredonia.edu/>  
Tennis, Basketball, Outside track for walking... Free... Open daily

**Frewsburg- Frewsburg High School**

26 Institute Street... 716-569-7000  
<https://www.frewsburgcsd.org/domain/1232>  
open swim, community swim, swimming lessons open swim (\$.50), community swim (free)... Open swim (7-9 pm Mon and Thurs) Community swim (6-7am Mon, Wed, Fri)

**Jamestown- Southhills Country Club**

3108 Busti-Stillwater Road... 716-487-1471  
Semi-Private... Open April-January

**Northwest Arena**

319 W 3<sup>rd</sup> St... 716-484-2624  
<http://www.jamestownarena.com/>  
Ice Skating... 10:30-11:30 am Mon-Fri (Senior Skate)

**Hollyloft Ski & Bike**

600 Fairmount Ave W.E. Route 394... 716-483-2330  
<http://hollyloft.com/>  
Biking, Skiing, Snowboarding... Daily Rate

**Jamestown City School District**

1056 Allen St... 716-483-4350  
<http://ww2.jamestownpublicschools.org/>  
Pool and walking track

**Southwestern School District**

600 Hunt Road... 716-484-6800  
<http://www.swcsk12.org/Page/80>  
Pool- must be a resident in the school district

**Lakewood- Maplehurst Country Club**

1508 Big Tree Road... 716-763-9058  
Membership fee... Open April-November

**Sunset Valley Golf Course**

724 Hunt Road... 716-664-7508  
Open to the public... open year round

**Mayville- Forest Heights Golf Course**

3064 Mitchell Road... 814-706-9957  
Open to the public... Open April-October

**Willow Run Golf Course**

4103 W. Lake Road... 716-789-3162  
Open to the public... open year round

**Panama- Panama School District**

41 North Street... 716-782-2455  
<http://www.pancent.org>  
Track, pool, and weight room... available to district residents only... times on website

**Ripley- Ripley School District**

12 North State Street... 716-736-2631  
<http://www.ripley-ny.com/town-facilities/fitness-room>  
Fitness Center... times on website