

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Fitness in the Parks		1 Shake, Rumble and Roll Motorcycle Poker Run 8am Dunkirk Trash Clean Up
2	3	4	5 Wellness Wednesday	6 5:15pm-WW	7 Biometric Lunch and Learn-MJRC 3 rd floor classroom	8 Opening Day Farmer's Market 10-12 Cherry Street
9	10 5:30-7pm Bright Spots	11	12 Wellness Wednesday Mobile Market MJRC 10-12	13 5:15pm-WW #GiveBigCHQ	14 Flag Day	15
16 Father's Day	17	18 Benefits of Acupuncture L and L Dunham	19 Wellness Wednesday/ Eat Smart NY MJRC	20 5:15pm-WW	21 1 st day of summer (not kidding)	22
23	24	25	26 Wellness Wednesday/ Wellness Committee ESNY-Dunham	27 5:15pm-WW	28	29
30	Safety Month	Migraine and Headache Awareness Month	Scleroderma Awareness Month	Men's Health Month	Cataract Awareness Month	